

15 April, 6 May, 27 May, 17 June, 8 July, 29 July, 19 Aug, 9 Sept, 30 Sept

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

E&

AVAILABLE DAILY: Best of both bread Gluten, Soya fresh fruit. Vegetarian meals available upon request

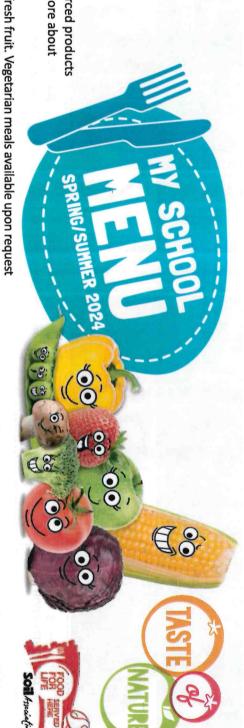
MA	PUDDING	OPTION 2	MAIN	
	Strawberry mousse _{Milk}	Jacket potato with the filling of the day, cheese Milk, baked beans tuna mayonnaise Fish Egg & vegetable sticks	Cheesy tomato pasta Gluten Mustard Soya Milk garlic bread Gluten Soya Milk & vegetable sticks	MONDAY
	Marble sponge Gluten Egg with custard Milk	Jacket potato with the filling of the day, cheese Milk, baked beans tuna mayonnaise Fish Egg & vegetable sticks	Nottinghamshire sausage & gravy Gluten Sulphur dioxide Yorkshire pudding Milk Egg Gluten mashed potato carrots & broccoli	TUESDAY
	Crispy lemon tart Egg Gluten with custard Milk	Jacket potato with the filling of the day, cheese Milk, baked beans tuna mayonnaise Fish Egg & vegetable sticks	Chicken & coconut curry Milk Tilda mixed rice carrot & cucumber sticks	WEDNESDAY
	lce cream tub Milk	Jacket potato with the filling of the day, cheese Milk, baked beans tuna mayonnaise Fish Egg & vegetable sticks	Roast gammon & pineapple roast potatoes carrots batons & broccoli	THURSDAY
	Butterscotch tart Gluten Milk	Jacket potato with the filling of the day, cheese Milk, baked beans tuna mayonnaise Fish Egg & vegetable sticks	MSC fish finger wrap Gluten Fish chips garden peas or baked beans	FRIDAY



WEEK COMMENCING

5 Aug, 26 Aug, 16 Sept, 7 Oct 22 April, 13 May, 3 June, 24 June, 15 July,

the ingredients used, please ask. All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about



PUDDING	OPTION 2	MAIN	
Chocolate & orange muffin Gluten Egg	Jacket potato with the filling of the day, cheese Milk, baked beans tuna mayonnaise Fish Egg & vegetable sticks	Margherita pizza Gluten Soya Milk herby diced potatoes sweetcorn coleslaw Egg	MONDAY
Shortbread cookie _{Gluten}	Jacket potato with the filling of the day, cheese Milk, baked beans tuna mayonnaise Fish Egg & vegetable sticks	Hunters Chicken Milk Celery Gluten Soya potato balls broccoli & baton carrots	TUESDAY
Honey cake Milk Egg Gluten & custard Milk	Jacket potato with the filling of the day, cheese Milk, baked beans tuna mayonnaise Fish Egg & vegetable sticks	Pasta Neapolitan Gluten Soya Milk Mustard garlic bread Gluten Soya Milk crunchy vegetables	WEDNESDAY
Jelly & shortbread finger Gluten	Jacket potato with the filling of the day, cheese Milk, baked beans tuna mayonnaise Fish Egg & vegetable sticks	Roast pork, stuffing, gravy Gluten mashed potatoes Yorkshire pudding Milk Egg Gluten fresh cabbage & carrots	THURSDAY
Apple Flapjack ^{Gluten}	Jacket potato with the filling of the day, cheese Milk, baked beans tuna mayonnaise Fish Egg & vegetable sticks	MSC Young's fish fingers Gluten Fish oven chips garden peas or baked beans	FRIDAY



12 Aug, 2 Sept, 23 Sept, 14 Oct 29 April, 20 May, 10 June, 1 July, 22 July

the ingredients used, please ask. from the East Midlands. If you need to know more about All of our meals are prepared using freshly sourced products



AVAILABLE DAILY: Best of both bread Gluten, Soya fresh fruit. Vegetarian meals available upon request

200	PUDDING	OPTION 2	MAIN	
	Noah's Apple sponge Egg Gluten & custard Milk Recipe from a pupil at Mapperley Plains primary school	Jacket potato with the filling of the day, cheese Milk, baked beans tuna mayonnaise Fish Egg & vegetable sticks	Quorn dippers wrap Gluten baby roast potatoes carrot sticks fresh coleslaw Egg	MONDAY
	Chocolate brownie ^{Gluten}	Jacket potato with the filling of the day, cheese Milk, baked beans tuna mayonnaise Fish Egg & vegetable sticks	Spaghetti Bolognese Mustard Soya Gluten Fish crusty bread Gluten Sesame sweetcorn	MONDAY TUESDAY WEDNE
	Frozen yoghurt Milk		Pork burger in a bun Soya Milk, Egg, Gluten Sesame Sulphur dioxide jacket wedges vegetable sticks	WEDNESDAY
	Strawberry shortcake Milk Gluten	Jacket potato with the filling of the day, cheese MIIK, baked beans tuna mayonnaise Fish Egg & vegetable sticks	Roast chicken, stuffing Gluten gravy & mashed potatoes Yorkshire pudding Milk Egg Gluten fresh broccoli & carrots	THURSDAY
	Chocolate crispy Gluten with strawberry milkshake Milk	Jacket potato with the filling of the day, cheese Milk, baked beans tuna mayonnaise Fish Egg & vegetable sticks	MSC battered fish Gluten Fish oven chips garden peas or baked beans	FRIDAY