

WEEK 1

WEEK COMMENCING

15 April, 6 May, 27 May, 17 June, 8 July,
29 July, 19 Aug, 9 Sept, 30 Sept

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten**, **Soya** fresh fruit. Vegetarian meals available upon request



MONDAY				
MAIN	Cheesy tomato pasta Gluten Mustard Soya Milk garlic bread Gluten Soya Milk & vegetable sticks	Nottinghamshire sausage & gravy Gluten Sulphur dioxide Yorkshire pudding Milk Egg Gluten mashed potato carrots & broccoli		
	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks
OPTION 2				
PUDDING	Strawberry mousse Milk	Marble sponge Gluten Egg with custard Milk	Crispy lemon tart Egg Gluten with custard Milk	Ice cream tub Milk
				
TUESDAY				
MAIN	Cheesy tomato pasta Gluten Mustard Soya Milk garlic bread Gluten Soya Milk & vegetable sticks	Nottinghamshire sausage & gravy Gluten Sulphur dioxide Yorkshire pudding Milk Egg Gluten mashed potato carrots & broccoli		
	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks
OPTION 2				
PUDDING	Strawberry mousse Milk	Marble sponge Gluten Egg with custard Milk	Crispy lemon tart Egg Gluten with custard Milk	Ice cream tub Milk
				
WEDNESDAY				
MAIN	Cheesy tomato pasta Gluten Mustard Soya Milk garlic bread Gluten Soya Milk & vegetable sticks	Nottinghamshire sausage & gravy Gluten Sulphur dioxide Yorkshire pudding Milk Egg Gluten mashed potato carrots & broccoli		
	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks
OPTION 2				
PUDDING	Strawberry mousse Milk	Marble sponge Gluten Egg with custard Milk	Crispy lemon tart Egg Gluten with custard Milk	Ice cream tub Milk
				
THURSDAY				
MAIN	Cheesy tomato pasta Gluten Mustard Soya Milk garlic bread Gluten Soya Milk & vegetable sticks	Nottinghamshire sausage & gravy Gluten Sulphur dioxide Yorkshire pudding Milk Egg Gluten mashed potato carrots & broccoli		
	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks
OPTION 2				
PUDDING	Strawberry mousse Milk	Marble sponge Gluten Egg with custard Milk	Crispy lemon tart Egg Gluten with custard Milk	Ice cream tub Milk
				
FRIDAY				
MAIN	Cheesy tomato pasta Gluten Mustard Soya Milk garlic bread Gluten Soya Milk & vegetable sticks	Nottinghamshire sausage & gravy Gluten Sulphur dioxide Yorkshire pudding Milk Egg Gluten mashed potato carrots & broccoli		
	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks
OPTION 2				
PUDDING	Strawberry mousse Milk	Marble sponge Gluten Egg with custard Milk	Crispy lemon tart Egg Gluten with custard Milk	Ice cream tub Milk
				

WEEK 2

WEEK COMMENCING

22 April, 13 May, 3 June, 24 June, 15 July,
5 Aug, 26 Aug, 16 Sept, 7 Oct

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten**, **Soya** fresh fruit. Vegetarian meals available upon request



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MAIN	Margherita pizza Gluten Soya Milk herby diced potatoes sweetcorn coleslaw Egg	Hunters Chicken Milk Celery Gluten Soya potato balls broccoli & baton carrots	Pasta Neapolitan Gluten Soya Milk Mustard garlic bread Gluten Soya Milk crunchy vegetables	Roast pork, stuffing, gravy Gluten mashed potatoes Yorkshire pudding Milk Egg Gluten fresh cabbage & carrots	MSC Young's fish fingers Gluten Fish oven chips garden peas or baked beans				
	Jacket potato with the filling of the day, cheese Milk, baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk, baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk, baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk, baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk, baked beans tuna mayonnaise Fish Egg & vegetable sticks				
OPTION 2									
PUDDING	Chocolate & orange muffin Gluten Egg	Shortbread cookie Gluten	Honey cake Milk Egg Gluten & custard Milk	Jelly & shortbread finger Gluten	Apple Flapjack Gluten				
									



Nottinghamshire
County Council

WEEK 3

WEEK COMMENCING

29 April, 20 May, 10 June, 1 July, 22 July
12 Aug, 2 Sept, 23 Sept, 14 Oct

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten**, **Soya** fresh fruit. Vegetarian meals available upon request



MONDAY					
MAIN	Quorn dippers wrap Gluten baby roast potatoes carrot sticks fresh coleslaw Egg	Spaghetti Bolognese Mustard Soya Gluten Fish crusty bread Gluten Sesame sweetcorn	Pork burger in a bun Soya Milk, Egg, Gluten Sesame Sulphur dioxide jacket wedges vegetable sticks	Roast chicken, stuffing Gluten gravy & mashed potatoes Yorkshire pudding Milk Egg Gluten fresh broccoli & carrots	MSC battered fish Gluten Fish oven chips garden peas or baked beans
	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with the filling of the day, cheese Milk , baked beans tuna mayonnaise Fish Egg & vegetable sticks
OPTION 2	Noah's Apple sponge Egg Gluten & custard Milk <small>Recipe from a pupil at Mapperley Plains primary school</small>	Chocolate brownie Gluten	Frozen yoghurt Milk	Strawberry shortcake Milk Gluten	Chocolate crispy Gluten with strawberry milkshake Milk
PUDDING					

